# Practice Chart: Term 1, 2020

## Goal: 5 practices per week

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | Mon | Tue | Wed | Thu | Fri | Sat | Sun | Total |  |
| Jan | 27 | 28 | 29 | 30 | 31 | 1 Feb | 2 |  |  |
| Feb | 3 | 4 | 5 | 6 | 7 | 8 | 9 |  |  |
|  | 10 | 11 | 12 | 13 | 14 | 15 | 16 |  |  |
|  | 17 | 18 | 19 | 20 | 21 | 22 | 23 |  |  |
|  | 24 | 25 | 26 | 27 | 28 | 29 | 1 Mar |  |  |
| Mar | 2 | 3 | 4 | 5 | 6 | 7 | 8 |  |  |
|  | 9 | 10 | 11 | 12 | 13 | 14 | 15 |  |  |
|  | 16 | 17 | 18 | 19 | 20 | 21 | 22 |  |  |
|  | 23 | 24 | 25 | 26 | 27 | 28 | 29 |  |  |
| Apr | 30 | 31 | 1 Apr | 2 | 3 | 4 | 5 |  |  |
|  | 6 | 7 | 8 | 9 | 10 | 11 | 12 |  |  |
|  |  | Grand Total |  |  |

## How did you score?

|  |  |
| --- | --- |
| 50-77 | (5 or more per week) Excellent! You receive the Gold Practice Award!  |
| 40-49 | (4 per week) You win the Silver Practice Award. Try for gold next term? |
| 30-39 | (3 per week) More practice needed. Let’s talk about your practice routine.  |
| 0-29 | (2 or less per week) Something is seriously wrong here. We need to talk… |

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|  | 9 | 10 | 11 | 12 | 13 | 14 | 15 |  |  |
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